ACTIVITÉ AQUATIQUE, ERLACH

STAND UP PADDLING



If you have never stood on an SUP (stand up paddle board), do not worry – the beginner courses for all age groups offer the ideal start so that you can experience an easy and fun introduction. How about a leisurely stroll at the lake, a full-body workout, or an island tour with a picnic in your backpack?

Yoga enthusiasts can take up a new challenge and swap their mat for a board. The SUP yoga courses are also suitable for beginners.

The SUP station in Erlach also provides the ideal infrastructure for supporting programmes or a team event. Team spirit is called for on the BIGboard.

In addition, there are around 20 different boards at the SUP station, which can be tested before purchasing.

BON À SAVOIR

- Rental, courses, SUP yoga, tours, team events / guiding, test centre and shop.
- The SUP station is located at the public lido on Erlach campsite (free admission) right on the shore of Lake Biel.
- Easily accessible by public transport from Bern, Biel / Bienne and Neuenburg / Neuchâtel.
- The “Erlach Stedtli” bus stop is 10 minutes on foot from the SUP station.
- When arriving by boat, the jetty is a 2-minute walk from the SUP station.
- Paid public parking is a walking distance of around 5 minutes away.

