

VARIOUS SPORTS, LA NEUVEVILLE

# STREET WORKOUT

The Street Workout is a sports facility designed to maintain your body while enjoying the outdoors. It is used to develop strength, balance, skill, endurance, flexibility or creativity.

## GOOD TO KNOW

- Free access 24 hours a day
- Equipment : stretching bars, parallel bars, fixed bars, suspension ladder, pectoral press, elliptical, quadriceps/hamstring bench, inclined abdominal table
- Nearby Helsana Trail with marked routes of 4.23 km, 8.21 km and 23.55 km



## CONTACT

Workout 2520  
Quai Moeckli  
2520 La Neuveville  
[streetworkout2520@gmail.com](mailto:streetworkout2520@gmail.com)

