

WELLNESS, PÉRY

CENTRE SOL'ÂM

The Sol'Âm center offers various therapies to live in connection with the heart and the earth and to sublimate one's being. The center offers intuitive, sports, relaxing or hot stone massages, reflexology sessions, color treatments, cooking and nature workshops, massage and relaxation courses as well as gymnastics for the back. The Sol'Âm center also has a sauna, to end your relaxation session with a moment of calm.



CONTACT

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