

NATURE

# LAC DE JOUX

Lake Joux is a very popular destination with nature lovers. The lakeshore villages of Le Sentier, L'Abbaye or Le Pont offer a whole range of restaurants, hotels and activities in winter and summer.

The largest body of water in the Jura mountain range, Lake Joux is a paradise for open air activities. In the summer, given the altitude (1,004 m), visitors can enjoy the cool mountain air and the water is the ideal temperature for swimming (up to 24 degrees). For sports enthusiasts, the favourable currents make this a favourite spot for wind surfing and there's also sailing, biking and hiking for families and groups of friends to enjoy together.

In winter, when the conditions are right, the lake freezes completely to form the biggest natural skating rink in Switzerland and Europe. Adults and children can then cross the lake on foot or don their skates and glide across. Equipment is available for hire in Le Sentier or Le Pont during the busy period. Check the tourist office website on the day to find out whether the lake is open for enjoyment.

