

**SPORTS & LEISURE** 

## BIKE TOUR JURA VAUDOIS NATURE PARK

The Nature Park in the Vaudois Jura extends from the summit of La Dôle to the medieval monastic town of Romainmôtier. To the north, the Vallée de Joux is situated at 1000 meters.

To the south, the beech and spruce forests give way to the villages at the foot of the Jura hills. Solitary forests, mystical marshland, jagged limestone rocks and glades as well as pastureland surrounded by stonewalls make the regional nature park especially attractive for pleasure hikers and mountain bikers. The well-marked network of trails is 523 kilometers long. Alpine cheese dairies and «Buvettes d'Alpage» offering refreshments and local specialties beckon the visitor to tarry awhile.



DAY 1 ST-CERGUE - ROMAINMÔTIER 56 KM +725M -1125M

DAY 2 ROMAINMÔTIER - LE SENTIER 29 KM +600M -250M

DAY 3 LE SENTIER - ST-CERGUE 40 KM +790M -770M

?The Eurotrek agency proposes to discover this route from Nyon with a package including 2 nights with breakfast, as well as luggage transport.

