

EVENTS, PAYERNE

# MONKS' GARDEN

The garden is a place to relax and discover, offering a chance to take a break in an idyllic setting.

To quench their thirst and eat in this peaceful, leafy setting, visitors are invited to stop off at the **Café du Marché**, opposite the main entrance to the Abbey Church.

## OPENING HOURS

From 4 Jul 2025 to 10 Aug 2025

## GOOD TO KNOW

- Proposed activities :
- July 11, 12 and 13, 2025
- An anniversary weekend not to be missed
- Parent-child well-being workshop - Exploring emotions together
- Tuesday, July 8 | 13h30-15h30
- Hosted by Muriel Bonny - Plume d'Or - ayurvedic massages
- Intended for parent-child pairs aged 6 and over (CHF 30.- / pair), this workshop offers a sensory journey combining essential oils, self-massage and emotional expression, with a mini-tour of the Abbey Church on the theme of plants and animals.
- Children's workshop - Creativity & well-being
- Thursday, July 24 | 10h00-12h00
- Led by Muriel Bonny - Plume d'Or - ayurvedic massages
- Open to children aged 6 and over (CHF 20.-), this workshop combines sensory exploration and the creation of a colorful mandala on pebbles, after a short tour of the Abbey on the theme of plants and animals.
- Family yoga in the Abbey church
- Saturday, July 26 | 09h00-11h00
- Hosted by Muriel Vernier - Muriel Yoga
- This gentle session, accessible to all levels, is aimed at adult/child duos aged 6 and over (CHF 30.- / pair). It is followed by a mini-tour of the Abbey Church on the theme of light, sound and animals, and a convivial moment over coffee and croissants.
- Mini-concerts every weekend
- Times: Friday at 4.30pm, Saturday at 11.30am, 2.30pm and 4.30pm and Sunday at 2.30pm and 4.30pm. Alternating between the Garden, the Parish Church and the Abbey Church (included with admission to the Discovery Trail - free for Payerne residents).



## CONTACT

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