

SPORTS & LEISURE, LE SENTIER

FOLLOWING JOHN

An experienced navigator and qualified guide, John offers a range of excursions for groups to discover the wildest shores of Lac de Joux:

- Rafting\, an activity that requires coordination and mutual aid to manoeuvre\, always in a friendly atmosphere\, in the heart of nature.
- On a Big SUP Paddle\, large boards that can accommodate 8 to 10 people. With several boards at your disposal\, you can take part in friendly competitions between boats or just enjoy the calm atmosphere
- Kayaking\, for a gentler approach to discovering the local flora and fauna while sailing the waters of the largest lake in the Jura mountains.



From 15 Mar 2025 to 30 Oct 2025

GOOD TO KNOW

- Languages spoken: French, German, English
- Equipment included: boat, safety waistcoat, paddles and professional
- Meals and snacks can be arranged on request and at an additional cost



CONTACT

Following John Le Rocheray 1347 Le Sentier

+41 79 367 69 88 info@following-john.ch following-john.ch

