

HIKING, REBEUVELIER

KARINE CAVALLARO CHARMILLOT, MOUNTAIN LEADER

Mountain leader and nature adventurer, Karine takes young and old in immersion in our natural environment, powerful and magical. Of a joyful and benevolent nature, she offers outings on different themes and collaborates with other companies, such as A-Hike and Potentiel montagne for a greater diversity.

GOOD TO KNOW

- BIVOUAC OUTINGS in summer and winter: Sleep with your head in the stars and feel what the moon brings us. Various activities are planned such as finding a place to camp, lighting the fire, sharing stories, listening to the sounds of the night or watching and learning about our luminous sky.
- HIKING OUTINGS are offered all year round to challenge yourself: initiations (learning to listen to your body and respect your breath in order to surpass yourself) or preparation for a trek of several days with a difference in altitude. The outings take place in the Jura hills or in the Alps over one or more days with overnight stays in mountain huts. The opportunity to cross passes and discover the local fauna and flora.
- MOMENTS OF NATURE for groups: whether it is for a birthday, a school outing, a company outing or a family outing, the moment of nature is an unforgettable outing proposed between challenge, competitiveness or cooperation in connection with what surrounds us. Quizzes and exercises to surpass oneself will create moments of cohesion and laughter, rich in memories.
- Day or half-day outings for children (6-17 years old): various themes according to their age with fun discoveries, such as treasure hunts, insect research or the making of a creative herbarium. For the older children, workshops on building a cabin, woodworking techniques or orientation with the help of beacons are offered.
- 100% SNOW OFFERS : from searching for clues left by the local wildlife to building structures and sculptures, the snow offers many cooperative activities to have fun.



CONTACT

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